



# The PETALUMAN SONS IN RETIREMENT Branch #58

*Devoted to the enjoyment and dignity of retirement*



SIR Branch #58 meets the third  
Tuesday of each month at noon

**October 2008**

Veterans Building, 1094 Petaluma Blvd So.  
The Board meets at 10:00 a.m. in room A.

Big Sir Len Svinth (707) 763-3254 <a href="mailto:svinkirk@sonic.net">svinkirk@sonic.net</a>	Little Sir Brian Tolson (707) 778-7278 <a href="mailto:btolson711@aol.com">btolson711@aol.com</a>	Secretary Bill Sovel (707) 762-2387 <a href="mailto:wmsovel@comcast.net">wmsovel@comcast.net</a>	Treasurer Joseph Augustin (707) 763-5584 <a href="mailto:josephfa@aol.com">josephfa@aol.com</a>	Editor Fred Stoneburner (707) 763-8150 <a href="mailto:fst@sonic.net">fst@sonic.net</a>
Branch 58 Website		<a href="http://58.sirbranch.com/">http://58.sirbranch.com/</a>		

## Little SIR Report

**Sir Brian Tolson**

The US Army says that it is looking for "just a few good men", but the Buck Institute for Age Research is looking for "just a few old men" to show up at the SIR October luncheon to hear the latest on age related research. Discover what scientists are learning about Alzheimer's, cancer, stroke, and other diseases that plague the elderly. Come to hear Anna Lackner, a docent with extensive training, discuss the biological mysteries of aging and the latest on stem cell research. Anna has been a volunteer with the Buck Institute since 2006. Her service at the institute follows an impressive 30 year career as a research chemist with Hughes Aircraft Corporation. She will have important things to say. Don't miss her!

The Holiday Ladies Day Luncheon is another SIR event you won't want to miss. Friday, December 5 is the day. We start taking reservations at the October meeting. Tables will fill up fast, so come prepared to sign up this month.

## How was the Son's in Retirement founded?

**Reprinted from Sirs Happenings**

Fifty years ago this year, realizing the social nature of man and the desire for the company of others, particularly those retired from gainful employment, the late Damian L. Reynolds conceived the idea of SONS IN RETIREMENT in

the Spring of 1958. Three friends, all retired, met with Mr. Reynolds on occasion for a friendly luncheon. He suggested to these three, Messrs: Claus Hink, Lorenz. H. Hansen and Wallace Plummer, that they join him in his idea. A kick-off luncheon was held in San Mateo, California on July 23, 1958.

A second meeting was held on August 20, 1958, and the eighteen present adopted the name of SONS IN RETIREMENT. Because most retired men wish nothing to do with things pertaining to inactivity, the chosen name seemed to enunciate and give dignity to retirement.

Basic guidelines of SONS IN RETIREMENT were set forth in Rules and Procedures drawn up at the time of incorporation in 1959. These have been revised from time to time.

1. It was to be a luncheon club composed of men retired from gainful employment.
2. There were to be no dues, initiation fees or assessments other than normal voluntary contributions at each luncheon to cover expenses.
3. The organization would espouse no political party, religion or sect of any kind.
4. Eligible men would be invited to join after attending at least one luncheon meeting and being introduced by the member who would sponsor him.
5. The club would meet monthly for lunch, at the member's expense, and a program would become part of each luncheon.